HELPING OUR VETERANS

Kimberly James, Beck PRIDE Center
250,000 Veterans in Arkansas

Experienced Combat 75%
experience severe depression or PTSD
suffer from Moral Injury:

- Contradicting one’s own moral core
- Spiritual disconnect
- Extreme guilt/shame
- Feeling unforgiveable
Divorce rates are at 90%
Homelessness
Suicide
Unemployment
Substance Abuse
Workshop:
Invisible Wounds of Veterans

Lunch & Learn:
Understanding Veteran Mental Health Issues

Lunch & Learn:
Financial Solutions for Veterans
PTSD Support Group
Substance Abuse Support Group
Family Support Groups
SOCIALIZE

R & R Lunches
SHARE
Fall, Winter, Spring

SUPPORT
January 2015-October 2015

SOCIALIZE
November 2014 –October 2015
SUPPORT = $1,119

SHARE = $2,691

SOCIALIZE = $1,190

Total: $5000
Principles of Good Practice

Promotes Active Community Participation

Northeast Arkansas Veteran’s Action Clergy (NAVAC) Committee

Little Rock VA center
Little Rock Chaplin
Mississippi County Veteran Service Officer
Craighead County Veteran Service Officer
Poinsett County Veteran Service Officer
Congressman Crawford’s office
Senator Boozman’s office
OIF OEF Family Service Coordinator
Arkansas State Veterans Cemetery in Birdeye
Local spiritual leaders
Beck PRIDE Center
VA Clergy Partnership (VAC) with Rural Veterans
Veterans
Principles of Good Practice

Sharing Expertise

• NAVAC Committee
• Multidisciplinary presenters
• VA Clergy Partnership (VAC)
• Beck PRIDE Center
Principles of Good Practice

Economic, Psychological, & Social Impacts

- SHARE: focus on mental health issues
- SHARE: focus on financial solutions
- SOCIALIZE: Build social support
Principles of Good Practice

Maintains Diversity & Cultural Competence

- Diversity in Topics, and community members
- Evidence-Based practice in support groups
- Building diversity within the planning process
Principles of Good Practice

Enhances Community Leadership

- Multidisciplinary Team
- Community Leaders involved in:
  - Planning
  - Presenting
  - Sustainability
Principles of Good Practice

Evaluate Outcomes & Encourage Replication

Share
Pre/Post surveys

Support
Quarterly progress

Socialize
Quarterly progress

End of Year Total Analysis
Beneficiaries

**SHARE**

100-150 Workshops and Lunch & Learns
27,620 Veterans in Northeast Arkansas & Southeast Missouri

**SUPPORT**

50 Veterans & family members

**SOCIALIZE**

50 or more Veterans
Other Contributors

St. Bernard’s Hospital System: Auditorium

Beck PRIDE Center: facilities for support groups and R&R lunches

Community Leaders: Volunteer time, presenters & speakers
When a loved one asks, ‘What was it like?’ and you look into eyes that have not seen what yours have, you suddenly realize that home is farther away than you ever imagined.”

—Down Range: From Iraq and Back, by Cantrell and Dean, 2005